

***Rights, Respect, Responsibility***  
**High School Sexual Health Education**  
**End of Unit Assessment**

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**INSTRUCTIONS: Circle the letter of the best answer to each question.**

1. **A parent may surrender custody of a newborn to an employee at a safe surrender site within how many hours of birth?**  
A. 24 hours  
B. 72 hours  
C. Any time  
D. Never
2. **Assuming that all males or females act a certain way because of their gender is called:**  
A. Gender differentiation  
B. A gender gap  
C. Gender stereotyping  
D. Harassment
3. **If you want to have sex or engage in sexual behavior with someone, but they aren't clear about whether or not they're interested, you should:**  
A. Just do it; don't think about it too much.  
B. Stop. Consent should be enthusiastic and mutual.  
C. Keep asking until you get the answer you want.  
D. Pour them a drink and see if that changes their mind.
4. **True or False: A person can choose their gender expression.**  
A. True  
B. False
5. **True or False: A person can choose their sexual orientation.**  
A. True  
B. False
6. **Which method of contraception is an example of a barrier method?**  
A. Birth control patch  
B. Depo-Provera  
C. Abstinence  
D. Condoms
7. **Which method of contraception is 100% effective in preventing pregnancy and STIs?**  
A. Condoms  
B. Birth control pills  
C. Abstinence  
D. Spermicides

8. **Which method of contraception requires a prescription from a doctor?**
  - A. Birth control patch
  - B. Spermicides
  - C. Condoms
  - D. Abstinence
9. **What is the age at which a student may begin to receive medical treatment for STIs or HIV without parental consent?**
  - A. No age requirement
  - B. 12 years old
  - C. 18 years old
  - D. You always need parental consent
10. **What is the age at which a student may begin to receive reproductive care (such as birth control, pregnancy tests, prenatal care, or abortion) without parental consent?**
  - A. No age requirement
  - B. 12 years old
  - C. 18 years old
  - D. You always need parental consent
11. **Which statement is not an effective step in the use of a condom?**
  - A. Check the expiration date
  - B. Pinch the tip to leave room for semen
  - C. Use two condoms at once to double your protection
  - D. Use a new condom for each act of vaginal, anal, or oral sex
12. **What are the best ways to prevent contracting HIV?**
  - A. Abstain from sex and injection drug use.
  - B. If you are at high risk, take PrEP to reduce your risk.
  - C. Use a condom for each act of sex when you do choose to have sex.
  - D. All of the above
13. **What is the most common symptom of STIs?**
  - A. Blisters or warts
  - B. Discharge
  - C. Rash
  - D. No visible symptoms
14. **What impact does HIV have on the immune system?**
  - A. It becomes infected with bacteria
  - B. It becomes stronger to fight disease
  - C. It is weakened and unable to fight infection
  - D. It has no impact
15. **Which behavior would likely occur in a respectful relationship?**
  - A. A person wants to spend all of their time with their partner.
  - B. A person gets jealous when their partner talks to other people.
  - C. A person can tell their partner when they are upset or angry.
  - D. A person hides the truth from their partner to protect them.

16. **Under which condition is sexual intercourse considered rape?**
  - A. When someone is under the influence of drugs or alcohol and unable to consent
  - B. When someone is passed out
  - C. When it is between an adult and a child
  - D. All of the above
17. **Which type of abuse involves criticism and threats?**
  - A. Physical abuse
  - B. Sexual abuse
  - C. Psychological and Emotional abuse
  - D. Sexual assault
18. **Once you make a decision about your relationship or sexual health, you should:**
  - A. Communicate the decision to your partner
  - B. Stick with it for your entire life
  - C. Keep the information private
  - D. Tell everyone but your partner
19. **Constance forgot to take her birth control for several days in a row and had unprotected sex with her partner. She wants to use the emergency contraception pill, Plan B. Within how many days does she have to take this pill so that it is the most effective?**
  - A. Up to 3 days
  - B. Up to 5 days
  - C. Up to one week
  - D. There is no time window; she can take this pill as many days after having unprotected sex as she wants to and it will be just as effective.

**Read the following scenarios and answer the related questions beneath each scenario.**

**Tomás recently noticed a cluster of small sores on his penis. He and his partner have not always taken the time to use a condom when having sex. Tomás figured that since they did not have any other sex partners, using a condom was not necessary. Now he is worried that he has an STI.**

20. **Based on his symptoms, which STI does Tomás have?**
  - A. Herpes
  - B. Human Papilloma Virus (HPV)
  - C. Syphilis
  - D. No way of knowing without a medical exam
21. **What should Tomás do?**
  - A. Tell his partner and then wait to see if the sores go away.
  - B. Tell his partner and avoid sex until he has seen a doctor.
  - C. Go to the doctor but keep it to himself until he finds out what he has.
  - D. Use a condom until the sores go away.

- 22. If Tomás can't go to a clinic to get an STI test and treatment after school due to family and school obligations, what should he do?**
- A. Talk with a parent or other trusted adult who can help him attend a clinic appointment during school hours and excuse his appointment.
  - B. Make an appointment with a local clinic during school hours and arrange with a school nurse or counselor to be confidentially released from school during the time of his appointment.
  - C. Use the Student Support website to locate a local clinic that is open on weekends.
  - D. Any of the above.

**Sheila and her boyfriend Paul have been dating for about five weeks. He calls her every afternoon at three o'clock. He asks her what she did at school and who she talked to or hung out with.**

- 23. Sheila likes Paul but is uncomfortable being called every day as soon as she gets home from school. What would be the most respectful way for her to handle this situation? Sheila should:**
- A. Tell him she needs a little time to herself and discuss other options.
  - B. Screen her calls and call him back when she feels like it.
  - C. Get home on time to answer the calls so he doesn't break up with her.
  - D. Complain to her friends and maybe the information will get back to him.
- 24. If Sheila asks Paul not to call at three o'clock everyday, what would be a respectful response to her request? Paul should:**
- A. Assume she is not really interested in him and break up.
  - B. Get angry and let her know that she better be home for the calls.
  - C. Figure out a convenient time to call that works for both of them.
  - D. Continue to call at three o'clock to let her know he is in charge.
- 25. Of the following list, which is a legitimate reason for Paul wanting to call Sheila every day at three o'clock?**
- A. He starts work at 3:30 and can't call at any other time.
  - B. He wants to make sure she isn't with any other guy.
  - C. He really loves her and can't stand to be without her.
  - D. He wants to make sure she comes right home after school.

**Devon and Jesse have been dating for three months. Jesse wants their relationship to "move a little faster." Devon really likes Jesse but isn't sure if they are ready to have sex.**

- 26. Which best describes Devon's problem?**
- A. Devon is in the wrong relationship.
  - B. Devon and Jesse have different feelings about having sex.
  - C. Devon isn't mature enough to be dating.
  - D. Devon doesn't love Jesse.
- 27. Which is Devon's best alternative for handling this problem?**
- A. Devon can break up with Jesse.
  - B. Devon can get protection and have sex.
  - C. Devon can talk to Jesse about boundaries and sex.
  - D. Devon can ignore Jesse and hope the problem goes away.

- 28. Which response would indicate that Jesse respects Devon?**
- A. Jesse listens to what Devon says and agrees to wait until they are both ready.
  - B. Jesse breaks up with Devon because Devon won't have sex.
  - C. Jesse listens to what Devon says, but continues to push for them having sex.
  - D. Jesse forces Devon to have sex.

**Read the following questions and circle the best answer to each question.**

- 29. Your friend Joanna feels like she is ready to have sex with her partner, but she is worried about the possibility of getting pregnant. She knows that there are a variety of different birth control methods available. What would you tell Joanna to do first?**
- A. Use someone else's birth control.
  - B. Go to a clinic and discuss all the methods with a doctor and her partner.
  - C. Do not use birth control because it seems too difficult to choose a method.
- 30. Who can legally purchase and use condoms?**
- A. Only people 16 years and older
  - B. Only people who have a prescription from a doctor or parent permission
  - C. Anyone of any age without a prescription and without parent permission
- 31. Do you know where there is a nearby clinic to receive confidential sexual health services (such as contraception, pregnancy testing, and STI testing and treatment)?**
- A. Yes
  - B. No, but I'd like someone to show me how to locate these services.
  - C. No, and I'll reach out to someone in the future if I need this information.
- 32. If you are a victim of bullying or a witness to bullying at your school, do you know who to report the incident to at your school?**
- A. Yes
  - B. No, but I'd like someone to show me how to report these incidents.
  - C. No, and I'll reach out to someone in the future if I need this information.
- 33. Something I'm still not sure about is ...**

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