





## DRIVING

1. Plan ahead – leave early, avoid high traffic areas, travel during non-peak times, use public transportation.
2. Follow posted speed laws.
3. Drive defensively not aggressively.
4. Pay attention to your surroundings/other vehicles.

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## JUMP STARTING VEHICLES

1. Remove jewelry to decrease the chance of accidental arcing.
2. Inspect batteries, battery cables, & jumper cables for signs of wear.
3. Connect positive cable to positive post on good battery.
4. Connect positive cable to positive post on bad battery.
5. Connect negative cable to negative post on good battery.
6. Connect negative cable from good battery to the engine block away from the battery.

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## MOTOR VEHICLE USAGE

### LAWS

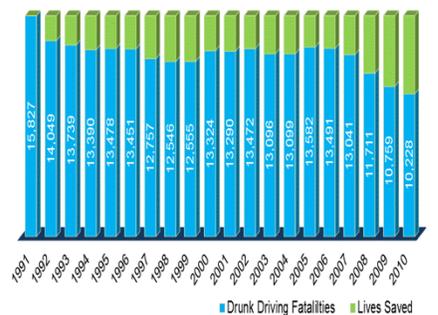
1. V C Section §21712 – Passenger(s) in trunk. Driver can be fined and issued a negligent operator point.
2. V C Section §23109.2– Vehicle Impoundment Speed Contests and Reckless Driving.
3. VC Section §21809 - California “Move Over” Law. Motorists are required to move over for emergency vehicles
4. V C Section 21809 – Stationary Emergency Vehicle or Tow Truck. It is an infraction not to comply with on scene emergency personnel
5. VC §23123– CA wireless telephone act. Prohibits drivers from operating vehicles while using hand-held cell phone.
6. SB 1756 – Increases DL suspension from 6 months to 10 months for any 1<sup>st</sup> DUI offense, (.20 BAC or higher).

## DUI FACTS

According to the [National Highway Traffic Safety Administration \(NHTSA\)](#) there were 10,076 fatalities in 2013 in crashes involving a driver with a BAC of .08 or higher; this was 31 percent of total traffic fatalities for the year.

An average of one alcohol impaired-driving fatality occurred every 52 minutes in 2013.

**Use public transportation, taxi's or a designated driver if you must drink**



## HAZARDS IN THE HOME

### Carbon Monoxide

1. Have professionals inspect and service your furnace/heater
2. Ensure fresh/take up air vent is open and working properly
3. Have chimney flue inspected and cleaned periodically
4. Avoid the use of fuel space heaters
5. Replace filters IAW manufacturers recommendations
6. Ensure return air vents are unobstructed
7. Install a CO alarm

## SMOKE DETECTORS SAVE LIVES



1. Install at least 1 smoke alarm on each level of your home and in/near all sleeping areas.
2. Test your alarm(s) once a month and replace the batteries annually or when the low battery warning sounds.
3. Develop a home fire escape plan that includes emergency evacuation routes and an outside meeting place.

## HOLIDAY TREE SAFETY



1. Use only fresh cut trees and check water daily.
2. Place tree away from sources of ignition.
3. Use only UL approved lights and inspect them thoroughly for signs of wear.
4. Do not overload circuits or connect too many sets of lights together.
5. **Always** unplug lights prior to bed time or whenever leaving home or work.

## HOLIDAY LIGHTING SAFETY

**Holiday lights are much safer than candles, but all that electricity can cause problems if not used properly.**

1. Lights can get hot enough to burn or ignite other decorations or other combustible material. The cords can fray, leading to a short.
2. Try to use the cooler-burning "mini" lights as opposed to the traditional larger bulbs. The older style burns much hotter.
3. If you want to have lights outdoors use lights designed for outdoor use.. The packaging will note whether the lights can be used indoors, outdoors, or both.
4. All outdoor electrical decorations should be plugged into a ground-fault circuit interrupter (GFCI).

**Remember if you are using decorative lights at work be sure to unplug prior to leaving for the day.**

## TOY SAFETY



1. Buy age appropriate toys.
2. Avoid toys with strings, cords or ropes as well as small parts for infants.
3. Toys that are propelled by springs and/or rubber bands can be dangerous.
4. Consult the CPSC web site for toy recalls and suggestions:  
<http://www.cpsc.gov/en/Business--Manufacturing/Business-Education/Toy-Safety/>

## LADDER SAFETY

1. Use the right ladder for the job.
2. Inspect the ladder prior to use.
3. Avoid using metal ladders around power lines, when using electrical power tools, & when hanging electrical decorations.
4. Use the 4 to 1 rule when using extension ladders: for every 4 feet of a ladders length come out 1 foot from the wall.
5. Do not over reach while on a ladder. If your belt buckle passes the ladder rails you may become off balance and in danger of falling.
6. Do not stand on the top 2 rungs.

## COOKING SAFETY



1. Never leave food cooking unattended.
2. Keep cooking areas clear of combustible materials.
3. Turn pot/pan handles inward.
4. Never use water as an extinguishing agent for oil related fires.
5. Ensure that you have working smoke alarms.
6. Have an ABC rated extinguisher available.

## HOLIDAY PARTIES



1. Provide non-alcoholic beverages.
2. Provide food for guests.
3. Encourage the use of designated drivers or other modes of transport.

## SNOW SPORTS

1. Do not over estimate your abilities.
2. Take lessons from a qualified instructor.
3. Learn how to fall safely.
4. Wear protective equipment such as helmets, glasses/goggles, pads, & guards.
5. Inspect equipment for signs of wear. Ensure bindings are adjusted correctly.
6. Dress accordingly and be prepared for changes in weather.
7. Use areas specifically developed/posted for snow sports.

## SHOPPING SAFETY

1. Avoid carrying a purse. If you must carry a purse keep it zipped and close to your body
2. Limit the amount of cash you carry & don't flash it around
3. Keep your keys, cash & credit cards separated
4. Always pay attention on what is going on around you
5. Park close to the stores when possible and remember where you park
6. Store packages out of site in your vehicle – use the trunk
7. Leave prior to stores closing and walk out with other people
8. Request security escort if you leave after closing
9. Make sure you have all forms of ID, credit cards and receipts prior to leaving the store

## USEFUL LINKS

### 1. Food Safety – USDA

[http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/seasonal-food-safety/holiday-or-party-buffets/CT\\_Index](http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/seasonal-food-safety/holiday-or-party-buffets/CT_Index)

### 2. Holiday Decoration Safety – Underwriters Laboratory

<http://www.ul.com/global/eng/pages/offerings/perspectives/consumer/seasonalsafety/>

#### National Fire Protection Agency

<http://www.nfpa.org/safety-information/for-consumers/holidays>

### 3. Holiday Toy Recall Checklist - U.S. Consumer Product Safety Commission

<http://www.cpsc.gov/>