

# Project Ujima

A Program of the San Diego Unified School District



The Harold J. Ballard Parent Center invites you to attend a  
free evening class for parents



Elneda Shannon

Thursday  
January 26, 2012  
5:30 p.m. to 7:30 p.m.



Dr. Pat Washington

*An African American Perspective on:*

## **“Traditional and Modern Discipline Techniques that Work” \***

Workshop participants will examine the meanings and goals of traditional and modern Black Discipline strategies. Participants will develop a deeper understanding of the range of choices available for disciplining children in ways that promote positive self-esteem, harmony in the home, school and community, and stronger parent-child relationships.

Complimentary dinner  
Homework station  
Free childcare  
Spanish translation  
Door prizes

For more information please contact Elneda Shannon at (619) 293-4431.

\* Effective Black Parenting, Center for the Improvement of Child Caring Curriculum

Tubman/Chavez Multicultural Center  
415 N. Euclid Ave, San Diego, CA 92114

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